

Household Interests SOCIETY Personal Notes

ACHELORS' COTILLION ISSUES INVITATIONS

Three Germans to Be Given During Season—Cards for Dance at Strawberry Hill.

Several invitations of note were sent out yesterday. Mrs. Charles W. Williams has issued cards for a "dinner-dance" on Wednesday at the Richmond Country Club, 4 o'clock at the Williams' country place "Strawberry Hill," near the city. The guests are asked to meet Miss Alice and Miss Atkinson.

The invitations for the Bachelors' Cotillion Club for this season were also issued yesterday. There are to be three dances given by the club—December 23, January 22 and February 12—at the Jefferson Hotel, and the dancing will begin promptly at 9 and stop at 12:30 o'clock, according to the usual custom. Those invited to act as patronesses for the three dances include Mrs. Charles Haddock Barksdale, Mrs. J. St. George Ryan, Mrs. Henry Landan Cabell, Mrs. Walter S. McNeill and Mrs. Barton Laxall Wise. The officers of the club recently elected for this year are George Fitzgerald, president; Lewis C. Arus, vice-president; William J. Miller, secretary and treasurer, and the board of governors includes J. L. Lee, Thomas Stubbs, Jr., William Hodges Mann, R. and Peyton Fleming.

Dance for Miss Chambers.
The last of a series of dances that Mr. and Mrs. Merritt Allen Chambers have given for their daughter, Miss Martha Chambers, was given last evening at their residence, 814 Park Avenue. The decorations carried out the holiday idea and great branches of holly and mistletoe were used everywhere. Red and white Christmas balls were hung from the chandeliers and mantels, and a buffet supper was served at 11 o'clock, following with Mr. and Mrs. Chambers and the debutante were Miss Martha Purcell, Miss Roberta Kyle Pleasants and Miss Mary Lyon Tyler. Mrs. Chambers wore a blue broadcloth dress with a drape of spangled net. Miss Chambers wore white champagne tulle, and carried a bouquet of orchids. Mrs. Robert Deam was at the punch bowl, and an orchestra played throughout the evening. About sixty guests were entertained.

Illustrious Wedding.
Palms, ferns and quantities of pink roses and azaleas decorated the ballroom of the Jefferson Club last evening for the marriage of Miss Helen Galski, daughter of Mr. and Mrs. S. Galski, of 1620 Monument Avenue, to Mr. J. Galski, son of Mr. and Mrs. Charles Galski, also of Richmond. The ceremony was performed by Rabbi E. N. Laisch before an improvised altar of roses and lilies, and was witnessed by a large assembly of invited guests. Just before the entrance of the bride party, Miss Corinne Samuels sang "I Promise Thee," and an orchestra rendered the wedding march.

The bride, who was given away by her father, wore a gown of white crepe with a train of white lace and carried a bouquet of white roses. The bridegroom wore a tuxedo and carried a sword. The bridesmaids wore white dresses with pink sashes. The groomsmen wore tuxedos. The wedding was a most impressive affair.

Miss Katherine Taylor. Miss Katherine Taylor has returned to "Buck Hill," after a short stay with friends in Farmville. Miss Taylor was accompanied by her mother, Mrs. Frank Lieberth, of 1238-A Park Avenue.

Miss Florence Hagner. Miss Florence Hagner, of Hagersville, Md., will arrive the latter part of this month to visit Mr. and Mrs. Williamson Talley on Monument Avenue.

Miss Susie Rose. Miss Susie Rose has returned to Fredericksburg, after a brief stay with friends in this city.

Miss Virginia Lynch. Miss Virginia Lynch, who has been the guest of Mr. and Mrs. Frederick Volting on West Franklin Street, has returned to Norfolk.

Mrs. W. L. Burruss and Miss Ida Burruss. Mrs. W. L. Burruss and Miss Ida Burruss, of Fredericksburg, have been recent guests of friends in this city.

Miss Harriet Wilson. Miss Harriet Wilson has returned to Richmond, after a visit to friends in South Boston.

W. C. Whitner. W. C. Whitner, of Fredericksburg, has been spending a short time here this week.

Mr. and Mrs. John Rainey Hayward. Mr. and Mrs. John Rainey Hayward are the guests of relatives in New Orleans for this week.

Dr. and Mrs. Edward Moseley, Jr. Dr. and Mrs. Edward Moseley, Jr., are spending several weeks in New York.

James Scott. James Scott has returned to Richmond for the holidays.

To-Morrow's Menu. By MATHIA WESTOVER.
Saturday.
Breakfast: Orange, Fried Ham and Eggs, Baking Powder Biscuit, Coffee.
Luncheon: Cream Potato Soup, Scalloped Ham, (Left from Friday's dinner), Baked Sweet Potatoes.
Dinner: Lettuce, Tea, Baked Apples, Plain Chicken Soup, (From year-old hen for Sunday's Dinner), Smoked Ham, Mashed Potatoes, Creamed Cabbage, Boston Baked Beans, Lettuce French Dressing, Pumpkin Pie.

Fashion's Decree

To-day's Dress Hint, with authentic note as to style and fabric.



The panel effect, introduced here gives to the back of this dark brown velvet frock a charming line. Sleeves and collar are of satin. The skirt with a satin sash, and the sleeves and collar are also satin. The dress is made of velvet and is a very elegant and fashionable design.

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honor, Mrs. D. Price Withers, sister of the bride, wore a white satin gown finished with lace and embroidered in pearls. Her bouquet was a shower of violets and lilies of the valley. The bridesmaids included Misses Juanita Wyllie, of Lancaster, S. C.; Virginia Dance, Mary Boisseau, Gladys Lea, Aramita Holcomb, all of Danville, and May Norris Richardson, of Greensboro, N. C. They wore costumes of tulle and white silk, with capes of tulle, and carried baskets of pink bouvardia, tied with pink tulle bows. Little Anne Stuart Withers, niece of the bride, who was flower girl, wore a white frock and carried a French basket tied with blue ribbon and filled with rose petals.

The groomsmen were James T. Morehead, Jr., Philip Hardie, Yates Hagan, of Greensboro, N. C.; William Feizer, of Fishburne Military Academy; Elissa Keen Jones, Jr., and Kyle Jones, of Danville, and the ushers included Robert R. King, of Greensboro, N. C.; Fred Harrison, James D. Harrison, Dr. E. H. Miller and Henry F. Day, all of Danville.

A vested choir preceded the bride party to the altar singing the "Bridal Chorus," from "Lohengrin" as a processional and "Barcarole" from "Tales of Hoffman," was rendered during the ceremony.

A reception followed the ceremony at the bride's home. Some of the guests from a distance attending the wedding were Mr. and Mrs. Lunsford Richardson and family, Mr. and Mrs. Robert Vaughan and family, Mr. Joseph Morehead, Mrs. R. R. King, all of Greensboro, N. C.; Langhorne, of Albemarle; William Henry Jones, Miss Emma Jones, of Richmond; Dr. and Mrs. Charles Alphonso Smith, of University of Virginia; Dr. and Mrs. Lee Smith, of Washington and Lee University; Colonel R. Evans Wyllie, of Lancaster, S. C., and others.

Marriage Announced.
Miss Mary E. Lumpkin announces the marriage of her daughter, Miss Sarah A. Chappell, to Raymond H. Borer, of Indiana. The wedding took place Monday, December 14.

IN AND OUT OF TOWN.
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Superstitions. BY LILLIAN RUSSELL.
Copyright, 1914, by Lillian Russell.
To believe that the night, as well as the day, is God's domain gives strength and courage. To have sunshine within is to conquer darkness."

The above sentences, which I recently came across in a book I was reading, are well worth repetition. Not many people who are in the habit of closing their bedroom windows at night would be willing to admit that the custom is due to a superstition which prevailed over vast sections of the globe during medieval ages. But the fact is true. Many ancient customs of the day to their gods and the nights to evil spirits. Superstition led them to flood their homes with sunlight during the day, but at night they closed every door and window to keep out the evil spirits that reign.

It seems almost ridiculous to suggest that many of the people now sleeping in stuffy and tightly closed bedrooms are merely victims of superstitions and are terrified by their forefathers and past generations. Yet in reading a book I came across the following: "Is it not a relic of the primitive superstitions of our pagan forefathers, who, because of their fear in the night, peopled the air with evil spirits and made darkness the region of their special activities, that some still curtain their beds and shut the casements? In the far of the night, some people are worse than Chinese and Koreans, who close all doors, windows and apertures, lest through them demons and evil spirits will enter the house."

If these people only stopped to consider the matter with intelligence, they would soon realize that the evil spirits are within, and not without, the closed room. They are the evil spirits that cause sickness.

A large percentage of people who are ill are merely suffering from a lack of fresh air. It is not volume that is lacking, but quality. An insufficient supply of oxygen is responsible for nearly all the diseases of the air passage.

It would certainly shame intelligent persons to realize that they are shutting out the night and its health-giving powers merely on account of a superstition inherited from uncivilized ages. But those people who are so far behind the times that they sleep in closed rooms, regardless of the effect upon their health and appearance, have actually failed to grasp in one direction, at least, from pagan ideas.

Remember: Every hour you spend in the open adds to your health and appearance, and the thinking person does not take with it the purity of the air.

Lillian Russell's Answer.
J. For reducing the bust, mix thoroughly two grammars of thin cream with white vaseline and ten drops essence of peppermint. Pat on gently, then cover with oiled silk. Gentle massage with bits of camphor is sometimes helpful. Be sure the massage is gentle, however. Any vigorous exercise that involves the muscles of the chest will help to reduce the bust. Avoid eating all rich pastries and foods.

Marie: I do not see why the cream should cause your face to break out after using it for such a long time with excellent results. The cream is the last cream you had made up was mixed with the proper ingredients and the ingredients were perfectly fresh? And, too, are you sure the cream is not too old? No cream is perfectly good if it stands for a long time. If you care for my formula for skin food I shall gladly send it to you upon receipt of a stamped, addressed envelope.

Amey: I am sorry, but I cannot give you a remedy for eczema. It requires the attention of a good physician, and I should advise you to consult one at once.

L. M. N.: Sometimes poor health will make the hair dull. Are you in perfect health? If not, you must have good care in order to keep it bright. Don't put anything on your hair to lighten it. Massage your scalp with a good hair tonic each night before retiring. Brush your hair at least 100 strokes a day. The massage will loosen the scalp, and the hair will receive more nourishment, and in a short time your hair will become brighter and more glossy. A light scalp will make the hair dull and cause it to fall. Are you sure your scalp is itchy? Try to move it with the tips of your fingers. If it does not move easily this is the cause of your hair becoming dull and lifeless, and massage will remedy this condition. If you will send me a stamped, addressed envelope I shall send you formula for scalp massage, blackhead treatment, and formula for eczema.

Double-Bed Size Silkoline-Covered Comforts. sale price \$248 Regular value, \$400.
Large Size Comforts, filled with sanitary carded cotton, well quilted, \$2.00 value \$1.69
Crib Comforts for the Baby, in all the dainty colors, Secco silk covered; special selling price \$1.25
California Wool Blankets, large 11-4 size; these sold for \$7.50; special holiday price \$5.98
25 Pairs of Warm \$5.00 Wool Blankets, in white, with satin tape border; special \$3.48

Timely Sale of Comforts and Blankets

Dr. Brady's Health Talk
The Health in Hasty Pudding.
Indian corn, maize, is warming, fattening, cheap, digestible, appetizing food. For 10 cents you can buy in the shape of corn meal a quantity of energy equivalent to that furnished by about \$3 worth of prime beef and besides you get a guarantee that the corn meal will be good for what ails you. Everybody's Ailment, food stasis, au-

J. B. Mosby & Co.
The Christmas spirit is abroad throughout the store.

Waterman's (Ideal) Fountain Pen
Should be in every stocking
And you'll find the widest selection, in plain gold and silver mounted, here. The prices range from \$2.50 to \$25.00.

HAPPY XMAS HINTS FOR "HIM" OR "HER."
A thousand-and-one suggestions that will captivate the feminine and masculine heart.

Writing Portfolios Card Cases
Smokers' Sets Bill Folds
Diaries Memo. Books
Art Calendars Silver Pencils

Desk Fittings Stationery
Xmas Cards Imported Novelties

"Vintaseo" Engraved Stationery makes an ultra-choice gift. See our clever conceptions in Monogram Stationery. The product of our own plant—reasonable in price, too.

Virginia Stationery Co., Inc.
Engravers to Those Who Know,
915 East Main Street, Richmond, Va.
The Richmond Home of Waterman's Ideal Fountain Pens.

to intoxication, constipation, as it is called, is at least in part attributable to an excessive proportion of animal food in the diet. Most people eat too much meat for their own good. Animal protein is particularly pernicious, by the bacteria in the intestinal canal. Hence any excess over the actual demands of the body simply goes to feed the germs, and when you treat your colon bacilli too generously they retaliate by showing you some of their capabilities. Were it not for the culture of colon bacilli it would matter little what kind of protein we eat.

A pound of corn meal contains twice as much indigestible residue as a pound of beef, and the residue is a natural stimulant to the movement of the bowels. It contains just half as much protein (vegetable albumin), but its nutritive power depends more upon the digestible carbohydrate. Should one eat too much wheat pudding, the excess reacts bacterial decomposition in the intestine, unlike an excess of meat. In fact the carbohydrate element of corn meal tends to diminish colon bacilli activity in the bowel, because it rather favors the growth of acid bacilli, which are natural enemies of the harmful colon bacilli.

Holed, Fried or Baked.
Plain, hasty pudding, plebeian mush, is admittedly not a palate tickler. But out of this substantial, if unattractive, dish can be prepared a food for Kings. Fried mush, crisp, hot, well buttered, and swimming in syrup, maple or cream or even corn syrup, is tempting enough to bring the glint of anticipatory back to the dull dyspeptic eye.

Questions and Answers.
Dippy—L. H. B. asks if one could be poisoned by breathing the fumes given off by a horse that had been treated with an application of "Slop Dipp," which contains creosote. L. H. B. drove sixteen miles behind the aforesaid horse, and suffered with severe pains in stomach, right afterward.

Reply—Creosote is volatile, and poisonous if inhaled in considerable quantity, so your suspicion is probably correct.

Can't Crack It—Am told by local doctor, and a good throat specialist, that follicles on base of tongue are enlarged, causing pain on swallowing. They do not seem to know what to do for me. Will you kindly advise?

Reply—If your own doctor and a throat specialist he recommends can't help you, the problem is beyond us, because we are only a plain, everyday doctor.

Myxoedema—Have read your article on myxoedema from the issue of November 3, and I have every symptom. Kindly forward help or a cure.

Reply—If you have partial or complete myxoedema, your family doctor can cure you, and rapidly.

Sage Advice—Kindly let me know how to mix sage and sulphur for gray hair, or give me a formula for gray hair.

Reply—Fortunately, the original color cannot be restored to gray hair. Gray hair is not incompatible with youth. If gray hair is given good care, it is quite as beautiful as hair of any other color, and hair dyes are never natural. We recommend the following formula for gray hair: Take of sun-dried, common sense and good cheer, shine, common sense and good cheer, equal parts. Mix well and keep on hand for daily application. Brush and brush and use no curling iron. Kidnappers are better if nature doesn't cure it. Some hair dyes have proved poisonous.

Hours of Sleep—Please give an old subscriber the number of hours the average person should sleep.

Reply—Babies under one year, about twenty-two hours per day. Babies under five years, fourteen hours per day. Children under fifteen, twelve hours per day. Children under twenty-one, at least ten hours per day. Adults from twenty-one to thirty, about nine hours per day.

Thalhimmer's
BROAD AND FIFTH STS.

hours per day. Thirty to fifty, 7 to 8 hours per day. Over fifty, but under eighty, six or seven hours. From eighty onward the hours of sleep should gradually increase, until finally the sleep is permanent. (With apology to Dr. Edison.)

Multiple Neuritis—Please advise the proper course to pursue for a person who has neuritis in the hands and legs.

Reply—Find out first whether it is alcoholic, arsenical, lead poisoning, occupational or infectious in origin, then be governed by the provoking cause.

Wassermann Reaction—After two years of specific mercurial treatment, how long should treatment be suspended before having a Wassermann test of the blood?

Reply—If the patient is in good condition, wait a month. But do not place too much reliance on a single negative test.

Dannehl—Potter.
FREDERICKSBURG, VA., December 17.—August Dannehl, of this city, and

Miss Mary Potter, of Prince William County, were married at the home of the bride, near Bristol, this morning.

Shepard—Raduall.
[Special to The Times-Dispatch.]
LYNCHBURG, VA., December 17.—Miss Ruth Gray Raduall and Arthur Henderson Shepard, both of Lynchburg, were married last night at the parsonage of Trinity Methodist Church.

New Coal Company Formed.
[Special to The Times-Dispatch.]
LYNCHBURG, VA., December 17.—Another Lynchburg concern has been formed for the development of Pocahontas coal fields properties, the name of which is the Albia Pocahontas Coal Company. The company's capital stock is limited to \$125,000. Its officers are: president, F. H. Lee; vice-president, S. P. Halsey; secretary-treasurer, G. H. Wilkins. The officers, together with R. C. Scott, L. Lazarus, R. S. Terry and F. T. Lee, compose the board of directors.

THE KAUFMANN STORE

The Christmas Store of the Sensible Gift.

EXTRA SPECIAL BARGAINS IN

"Echo" "Kaufmann" "McCallum"

HOSIERY

WERE these brands just like ordinary qualities, there would be little for us to say about them. But the fact that they are inestimably better in wool and warp than most medium grades gives us good subject matter. They possess a sturdiness, an inherent sense of security not found in all medium-priced Silk Stockings with which hundreds of women are still experimenting. On any one of these three your choice cannot be mistaken. Values exceptional; qualities supreme.

"Esco" Boot Silk Hose, with reinforced heel and toe; lisle garter top; in all colors. 50c.

"Kaufmann's" Pure Silk Hose in extra heavy weight, with reinforced heel and toe and lisle garter top; black only. \$1.00.

Pure Silk Hose, with reinforced heel and toe; lisle garter top; in black, white and tan. \$1.00 Values, 79c.

The new Clocked Hose, with lisle garter top, in black with black, and white with black; special, \$1.50.

New Novelty Gray Silk Clocked Hose, with reinforced heel and toe; lisle garter top; special, \$1.59.

"Kaufmann's" Pure Silk Lace Clocked Hose, in black only, with reinforced heel and toe; lisle garter top; special, 79c.

Pure Silk Embroidered Clocked Hose, in black with black, and white with black; reinforced heel and toe; lisle garter top; special, \$1.50.

Reliable Accounts Invited

Give "Her" a Gorgeous Diamond!

Give her the gift she'd rather have than any other you could think of. Please her with a gorgeous diamond! (Did you know that diamonds are continually advancing? A diamond purchase now will prove a wise investment.)

Some Other Gift Things at J. S. James--

GIFTS FOR "HER." Jewel Cases, Fountain Pens, Bracelet Watches, Diamonds, La Vallieres, Bracelets, Brooches, Umbrellas, Bar Pins, Cuff Buttons, String Pearls.

MEN'S GIFTS. Watch Fobs, Watch Chains, Cuff Buttons, Stick Pins, Gold Pocket Knives, Tie Clasps, Fountain Pens, Signal Rings.

J.S. JAMES

"The Diamond Merchant." 7th and Main.

Xmas Specials!

Ladies' Desks, in oak, mahogany or maple, from \$8.75 to \$25.00.

Hopkins Furniture Co.
7 West Broad Street.

Night and Day Grocery

Phone your orders at night for delivery next day. Thirteen free deliveries daily in city. (Ginter Park territory served daily by special 9:30 A. M. wagons.) Store closes Christmas Day. Open Saturday as usual.

All-Night phones: Randolph 3680, 3681, 3682, and 3683.

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Union Store's Bargain Grocery,
Seventh and Franklin Streets.